

**LIVE UNITED**



United Way of Goodhue,  
Wabasha & Pierce Counties

413 West 3<sup>rd</sup> Street  
Red Wing, MN 55066  
[www.uw-gwp.org](http://www.uw-gwp.org)  
(651) 388-6309

## PEOPLE'S PAMPHLET



*Get Connected. Get Answers.*

A 24-hour community resource hotline  
Dial 2-1-1 or 1-800-543-7709

# **GIVE. ADVOCATE. VOLUNTEER.**

United Way of Goodhue, Wabasha and Pierce Counties

To learn about opportunities in our communities:

Get Connected on our website at:

[www.uw-gwp.org](http://www.uw-gwp.org)

Click on "Volunteer" tab

Follow us on Facebook at:

<http://www.facebook.com/>

[Unitedwaygwp](https://www.facebook.com/Unitedwaygwp)

Follow us on Twitter at:

<http://twitter.com/>

[UnitedWaygwp](https://twitter.com/UnitedWaygwp)

# Goodhue County

## Child and Youth Services

**Minnesota Child Care Assistance** 651-385-3232

**HOPE Coalition Kids Count Abused Children's Program** 651-388-9360  
Advocacy program for children who have been abused or witnessed domestic violence.

**Red Wing Youth Outreach** 651-388-3371

**Red Wing YMCA** 651-388-4724

**Hispanic Outreach – Youth Mentoring**  
651-301-2184

**Child Help National Abuse Hotline** 1-800-422-4453

**Families First of MN — Early Childhood Resources and Referral** 1-800-462-1660

**Parent Aware** 1-888-291-9811  
Find high quality child care and early education programs

## Food

**Cannon Falls Food Shelf** 507-263-3042

**All Seasons Food Shelf** 507-789-6162

**Lake City Food Shelf** 651-345-5888

**Mazeppa Food Shelf** 507-843-3800

**Pine Island Sharing Shelves** 507-356-2999

**Red Wing Food Shelf** 651-388-9302

**Zumbrota Area Emergency Food Shelf** 507-732-7330

**Community Meal/Sunday Supper** 651-388-3262

**SEMCA**  
Cannon Falls 507-263-3956  
Kenyon 507-864-8231  
Pine Island 507-356-2228  
Red Wing 651-388-9875  
Zumbrota 507-732-5086

**Red Wing Summer Food Program for youths – United Way** 651-388-6309

**Meals on Wheels** 651-385-3434

**Three Rivers Community Action — Home-delivered meals** 507-732-7391

**Minnesota Food Helpline** 1-888-711-1151

## Financial

**AARP Tax Aide** 1-888-687-2277  
Tax aide for seniors or persons with low income

**HOPE Coalition — Community Care Fund**  
651-388-9360 ext. 2

## County Offices

**Goodhue County  
Health & Human Services  
651-385-3200**

Aging and disability services  
Cash & Food Programs  
Child Abuse & Neglect Reporting  
Child Care  
Child Support  
Daycare Consultation  
Family Health  
Foster Care  
Health Care Programs  
Mental Health  
Public Health Clinics  
Refugee and entrant assistance  
Veterans  
WIC

1407 W. Fourth St. Red Wing  
Walk-in hours: Tuesday-Friday 2-4 p.m.  
Please call only if you are unable to visit during walk-in hours

**Red Wing Salvation Army — Emergency Assistance** 651-388-9270

**Salvation Army Heat Share** 1-800-842-7279

**Xcel Personal Accounts Representatives**  
1-800-331-5262

**Lutheran Social Services** 1-888-577-2227  
Credit Counseling

**IRS Taxpayer Assistance** 1-800-829-1040

**Telephone Service Discount Program** 651-296-0406 ext.1

**Three Rivers Community Action — Energy Bill Pay Assistance** 507-732-7391

**Red Wing Workforce Center** 651-385-6480

**Bridge to Benefits** [www.bridgetobenefits.org](http://www.bridgetobenefits.org)

## Disabilities

**ProAct, Red Wing** 651-388-7108  
**ProAct, Zumbrota** 507-732-7888

**Minnesota Hand and Voices** 651-265-2435  
Toll Free: 1-866-346-4543; VP 1-866-261-0857  
Services to families of children who have been diagnosed as deaf or hard of hearing.

**Lutheran Social Service of MN** 651-388-8845

**The Arc Southeastern MN** 1-888-732-8520

**Disability Linkage Line** 1-866-333-2466

**Minnesota Relay** 7-1-1

**Opportunity Services** 1-877-873-0500

**RideAbility Therapeutic Horseback Riding**  
507-356-8154

**SEMIL SE MN** 507-285-1815  
Center for Independent Living

## Health

**CARE CLINIC** 651-388-1022  
1407 W. Fourth St., Red Wing  
Serving uninsured low-income individuals

**Mayo Clinic Health System**  
**in Cannon Falls** 507-263-6001  
**in Lake City** 651-345-1100  
**in Red Wing** 651-267-5000  
and **Zumbrota** 507-732-7314

**Heartland Hospice** 507-292-1170

**Hiawatha Home Care** 651-388-2223

**Life Choice Pregnancy Resource Center** 507-263-8000

**Prairie Island Health Center** 651-385-4148

**First Choice Clinic** 651-267-4357

**MNsure** 1-855-366-7873

**Sage** 1-888-643-2584  
Free breast exams, mammograms, cervical cancer screenings, and colonoscopies

**La Leche League of Red Wing — breastfeeding support** 651-388-3575

## Mental Health

**Catholic Charities Counseling Services** 651-327-2190

**Hiawatha Valley Mental Health Center** 651-327-2270  
Emergency counseling 1-800-657-6777

**Possibilities Therapeutic Services** 651-301-1369

**Red Wing Youth Outreach** 651-388-3371  
Youth grades 6-12 who are at risk

**Covered Bridge Family Resources** 507-732-4136

**Fernbrook** 651-212-7429

**National Alliance for the Mentally Ill (NAMI)**  
1-800-950-6264

**Zumbro Valley Mental Health Center** 507-289-2089



## Goodhue County continued

**Servicio a los Hispanos**  
Hispanic Outreach Program of Goodhue  
County 651-301-2184

### Transportation

**Faith in Action** 651-327-2400  
Volunteer transportation to medical appointments, errands and shopping

**Hiawathaland Transit — Dial-A-Ride** 1-866-623-7505

**Taxi Company of Red Wing** 651-385-8294

**Veterans medical rides to a VA Hospital** 651-385-3256

### Used Furniture & Clothing

**Annadee's Closet** 651-388-7031

**Connecting Connection** 651-388-1900

**Salvation Army** 651-388-9270

**Wise Penny Thrift Store** 651-385-0565

### Housing

**Common Bond-Maple Hills Apartments** 651-388-2821  
Affordable housing

**Habitat for Humanity** 651-327-2195

**HOPE Coalition** 651-388-9360 ext. 2  
Transitional housing

**Red Wing Housing and Redevelopment Authority** 651-388-7571

**Lutheran Social Services** 651-388-3498  
For persons who are disabled

**Three Rivers Community Action, Inc.** 507-732-7391  
Transitional Housing Supportive Services

**Southeast Minnesota Multicounty Housing and Redevelopment Authority** 651-565-2638

### Senior Services

**Three Rivers Community Action** 507-732-7391

**Shepherd's Center of the Cannon Valley** 507-263-2136

**Red Wing Area Seniors** 651-267-3599

**Faith in Action Red Wing** 651-385-3290

### Victim Assistance

**HOPE Coalition-Sexual Assault Service**  
24 hour Crisis Hotline 1-800-519-6690  
**HOPE Coalition-Haven of Hope**  
(Domestic Violence Shelter)  
24-hour crisis hotline 1-800-369-5214

## Pierce County

### Child and Youth Services

**Child Care Partnership Resource & Referral Center**  
1-800-782-1880

**Child Help National Abuse Hotline** 1-800-422-4453

**Turning Point — victims of domestic and sexual violence** 715-425-6751

**Positive Alternatives Inc. — confidential hotline, walk-in counseling, shelter, groups, outreach and advocacy** 715-426-2224

### Food

**River Falls Food Pantry** 715-425-6880

**Spring Valley Community Food Pantry** 715-778-5988

**Prescott Area Food Pantry** 715-262-4143

**Pierce County Food Pantry** 715-273-2070

**Plum City Food Pantry** 715-647-2191

### Financial

**LSS Credit Counseling** 1-888-577-2227

**St. Croix Valley Job Center** 715-426-0388

**IRS Taxpayer Assistance** 1-800-829-1040

### Disabilities

**Aging and Disability Resource Center** 715-273-6780

**ProAct** 877-245-0405

**Have a Heart Inc.** 715-425-7754

### Health

**Free Clinic of Pierce & St. Croix County** 715-307-3948

**Hiawatha Home Care** 651-388-2223

**Mayo Clinic Health System-Red Wing in Ellsworth** 715-273-5061

**First Choice Clinic** 651-267-4357

### Mental Health

**National Alliance for the Mentally Ill (NAMI)** 715-639-2078

**Northwest Connections 24-hour Crisis Line** 1-888-552-6642

### Senior Services

**Bay City Jolly Senior Citizens** 715-594-3639

## County Offices

### Pierce County Department of Human Services

Alcohol and Drug Support  
Counseling  
Child Protection  
Economic Support  
Child Support  
Mental Health  
715-273-6776

Public Health Services  
715-273-6755

WIC  
715-273-6758

Aging and Disability  
715-273-6780

Veterans  
715-273-6753

### Transportation

**Taxi Company of Red Wing** 651-385-8294  
Serving Ellsworth, Hager City, Pepin,  
Prescott and River Falls

**Used Furniture and Clothing  
Tried & True Thrift Store** 715-273-4933

**Treasures from the Heart** 715-425-9771

### Housing

**River Falls Housing Authority** 715-425-7640

**Positive Alternatives — Youth Crisis Shelter** 715-426-2224

### Victim Assistance

**Victim Assistance Program** 715-273-6750

**HOPE Coalition-Sexual Assault Service**  
24 hour Crisis Hotline 1-800-519-6690

**HOPE Coalition-Haven of Hope** (Domestic  
Violence Shelter)  
24-hour crisis line 800-369-5214

**Turning Point** 715-425-6751



# Wabasha County

## County Offices

**Wabasha County  
Social Services  
651-565-3351**

Child Support, Child Protection  
Chemical Dependency  
Disabilities  
Foster Care, Child Care  
Public Assistance  
Food Support, Mental Health  
Social Services  
Medical Programs, Financial Assistance  
WIC

Public Health  
651-565-5200

Veterans  
651-565-53864

**Child and Youth Services**  
Child Help National Abuse Hotline 1-800-422-4453

**Families First of MN — Early Childhood Resources and Referral** 1-800-462-1660

**Parent Aware of MN** 1-888-291-9811  
Find high quality and education programs

**Child Care Resource and Referral** 507-287-2020

### Food

**Wabasha Food Shelf** 651-565-4531, 651-565-5667

**Lake City Food Shelf** 651-345-5888

**Plainview-Elgin Food Shelf** 507-876-0112

**Three Rivers Community Action — Home-delivered meals** 507-732-7391

**St. Isidora — Home-delivered meals** 507-534-3191

**Minnesota Food Helpline** 1-888-711-1151

**Southeast Minnesota Rural Education and Resource Center** 507-932-5203

### Financial

**IRS Taxpayer Assistance** 1-800-829-1040

**LSS Credit Counseling** 1-888-577-2227

**Telephone Service Discount Program** 651-296-0406 ext.1

**Three Rivers Community Action — Energy Bill Pay Assistance** 507-732-7391

**Bridge to Benefits** [www.bridgetobenefits.org](http://www.bridgetobenefits.org)

**Southeast Minnesota Rural Education and Resource Center** 507-932-5203

**Workforce Development** 651-565-2635

### Disabilities

**Great River Homes** 651-565-4884

**The Arc Southeastern MN** 1-888-732-8520

**Disability Linkage Line** 1-866-333-2466

**Minnesota Relay** 7-1-1

**RideAbility Therapeutic Horseback Riding** 507-356-8154

**ProAct** 651-388-7108

**SEMCIL SE MN** 507-285-1815  
Center for Independent Living

### Health

**Mayo Clinic Health System-Lake City in Wabasha** 651-565-4571

**St. Elizabeth Medical Center-Wabasha** 651-565-4531

**MNsure** 1-855-366-7873

**Sage** 1-888-643-2584

Free breast exams, mammograms, cervical cancer screenings, and colonoscopies

**First Choice Clinic** 651-267-4357

**Hiawatha Home Care** 651-388-2223

**Heartland Hospice** 507-292-1170

### Mental Health

**Hiawatha Valley Mental Health Center** 1-800-657-6777

24-hour emergency counseling 651-565-2234

**Zumbro Valley Mental Health Center** 507-289-2089

**National Alliance for the Mentally Ill (NAMI)** 1-800-950-6264

**Fernbrook** 651-212-7429

### Senior Services

**Elder Network** 651-565-7237

**Three Rivers Community Action** 507-732-7391

### Transportation

**Yellow Cab of Winona** 1-507-452-3331

**Faith in Action** 1-507-534-1244

**Hiawathaland Dial-A-Ride** 866-623-7505

**Veterans Services** 651-565-3864  
Veterans medical rides to a VA Apts.

### Used Furniture and Clothing

**Common Closet Thrift Store** 651-565-0359

**Pass It On** 651-345-4901

### Housing

**Southeastern Minnesota Multi-County Housing and Redevelopment (SEMMCHRA)** 651-565-2638

Housing and development assistance

**Three Rivers Community Action** 507-732-7391

### Victim Assistance

**HOPE Coalition-Sexual Assault Service** 24 hour Crisis Hotline 1-800-519-6690

**HOPE Coalition-Haven of Hope** (Domestic Violence Shelter) 24 hour Crisis Hotline 1-800-369-5214

## United Way programs



The Imagination Library provides one free book per month for children birth to age 5 in participating communities. Call UW at 651-388-6309 to register. Participation is limited to one child per household.

United Way of Goodhue, Wabasha and Pierce Counties has saved families more than \$56,000 through the free prescription savings card. Get your reusable discount card today by texting "family" to 700-700



Packing for the weekend is designed to feed children who do not have reliable access to food on non-school days. For many children, school breakfast and lunch are the only meals they can count on. Contact your school social worker for availability and to register.

